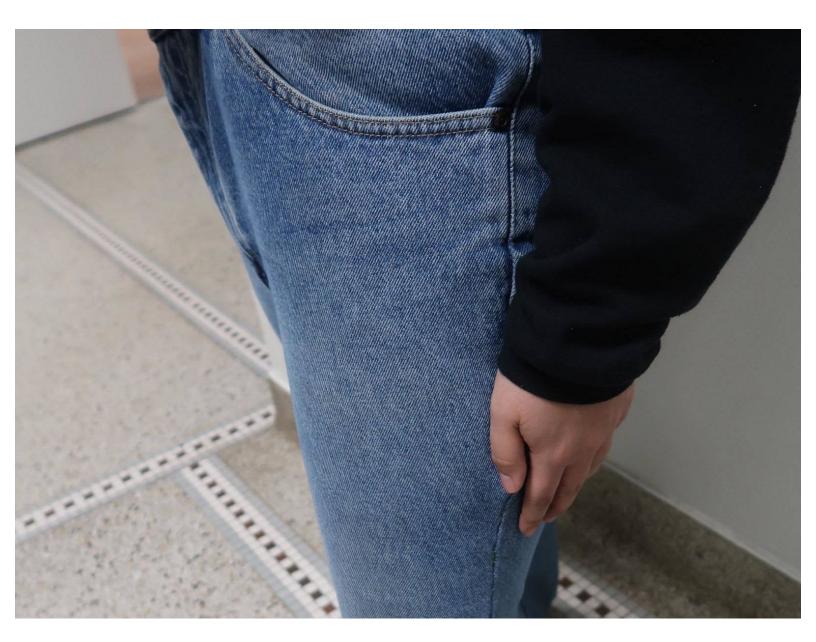


# How to Make Jeans Fitted

Jeans that are big and baggy can be turned into a skinnier fit. We will demonstrate how you can take your jeans and adjust them to your personal size.

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# INTRODUCTION

Big and baggy jeans can be reused rather than thrown away. Some individuals tend to lose weight as well, and can repair their jeans to their new size. Other individuals may have "mom-jeans" or old jeans that they would like to wear. Overall, jeans can be expensive to buy. By using jeans that individuals already have, this guide can show them how to personally take those jeans and adjust them to their desired fitting. It is assumed that the jeans fit your waist and hips, as this guide is for adjusting the leg area.

## TOOLS:

• Sewing Pins (10)

No limit on pin use

- Hand Sewing Needle (1)
- Sewing Thread (1)
- Fabric Scissors (1)
- Marker (1)
- Jeans (1)

#### Step 1 — How to Make Jeans Fitted



- Lay jeans out on a table.
- (i) Table must have enough space to lay out jeans.

#### Step 2



• Flip jeans inside out.

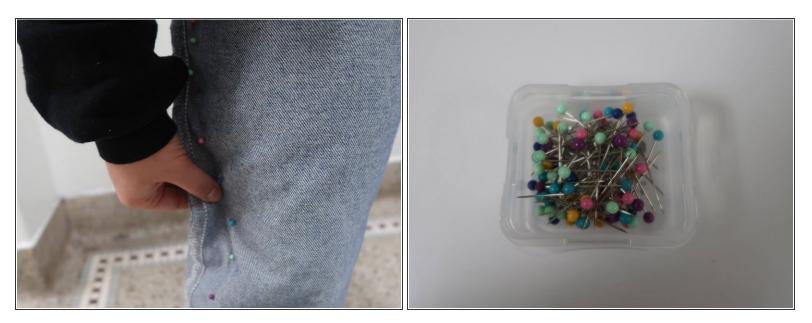


 Identify the outer seam on both right and left sides.

## Step 4



• Put on the jeans inside out.



- Pin the amount of fabric you would like taken in on the outer sides. Mark where the pins are using a marker/pen.
- (i) Pins should be about an inch apart for an accurate measurement.



- Connect the dots to make a clear guide to cut off.
- (i) Double check if you are satisfied with the amount that will be taken off.



- Take a pair and scissors and cut along the guide (or markings) that you made on both sides.
- Mhen cutting your jeans it is always better to cut less as opposed to too much as you can always go back and make it smaller.

#### Step 8



• Align edges, and make sure they are even before you start sewing.



- Hold the edges together and sew.
- (i) Sew the seam about 1/4-1/2 of an inch away from the edge. This will ensure that that the seam will not unravel if there is any fringe
- (i) Your stitches should be 1/2 cm in length or less to ensure a strong seam.



• Put on jeans, enjoy your new fit.

Your big jeans will now be fitted into your personal size.