



# LifeTrak Zone C410 Wrist Band Replacement

This guide show you how to replace the wrist band of the LifeTrak Zone C410.

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## INTRODUCTION

LifeTrak offers a variety of wrist band color options for the Zone C410. This replacement guides shows you how to replace the old wrist brand. A new replacement band can be ordered [here](#).

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### PARTS:

- [Lifetrak Color ComfortFit Bands](#) (1)
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## Step 1 — Band 1 removal



- Grasp the body of the watch between your thumb and your index finger.
- Slide the band through its clasp.

## Step 2 — Band 2 removal



- Repeat step 1 for the next band.

To reassemble your device, follow these instructions in reverse order.